

RECREATIONAL SKI RACE TRAINING PROGRAM

WITH RICK McCURDY
AND STEVE TRAVIS

STARTING JANUARY 5, 2022

Labrador Mountain 

A 6 WEEK PROGRAM
DESIGNED FOR THE
SOLID PARALLEL SKIERS
LOOKING TO IMPROVE THEIR SKILLS.

Training Sessions for Race League Series, NASTAR Racers and Skiers that would like to learn to race and train on courses. Instruction Begins with Sound Ski and Race Technique. Practice will be on Labrador's NASTAR Trail and appropriate terrain.

Practice Courses set with "Helper and Brush" Gates to identify the "Rise Line" and "Best Path Through Course"

- Courses will be NASTAR Format • Training runs will be timed as the season progresses when appropriate
- A 6 Week Program for Solid Parallel Skiers Looking to Improve Their Skills

Wednesday pass with the program : \$299.00 | Shift pass with program: \$499.00 | Program for Season Pass Holder: \$180

Details: Call Rick McCurdy: 315.263.2927 | Call (607) 842-6204 to sign up. Class size may be limited.

NAME: _____ Date of Birth: _____

ADDRESS: _____ PHONE: _____

CITY: _____ STATE: _____ ZIP: _____

PAYMENT: CASH: _____ CHECK #: _____ CHG (circle one): Visa MC DISC AMEX

CREDIT CARD #: _____

EXPIRES: _____ SECURITY CODE: _____

SIGNATURE: _____

(\$40.00 FEE FOR ANY RETURNED CHECKS)

Signature: _____



Date: _____

Please mail payment and form to: Song Mountain, PO Box 1001, Tully, NY 13159

Labrador Mountain
Ski School is a
member of
Professional Ski
Instructors of
America - PSIA

An established
program proven
through the years to
be fun and helpful

Class size is limited
to ensure a quality
experience
Labrador Mountain
takes great pride in
its ski school

LABRADOR MOUNTAIN
6935 NY-91
Tully, NY 13158
607-842-6204
SkiCNY.com

LESSONS:
Jan. 5th – Feb. 9th
Meet @ 6:00
Main Lodge
Lesson at 6:30pm