

# RECREATIONAL SKI RACE TRAINING PROGRAM

WITH RICK McCURDY AND STEVE TRAVIS

STARTING JANUARY 11, 2022

6:30p - 8:30p

Labrador Mountain 

A 6 WEEK PROGRAM  
DESIGNED FOR THE  
SOLID PARALLEL SKIERS  
LOOKING TO IMPROVE THEIR SKILLS.

Training Sessions for Race League Series, NASTAR Racers and Skiers that would like to learn to race and train on courses. Instruction Begins with Sound Ski and Race Technique. Practice will be on Labrador's NASTAR Trail and appropriate terrain. Practice Courses set with "Helper and Brush" Gates to identify the "Rise Line" and "Best Path Through Course"

• Courses will be NASTAR Format • Training runs will be timed as the season progresses when appropriate

• A 6 Week Program for Solid Parallel Skiers Looking to Improve Their Skills

Wednesday pass with the program : \$299.00 | Shift pass with program: \$499.00 | Program for Season Pass Holder: \$180

Details: Call Rick McCurdy: 315.263.2927 | Call (607) 842-6204 to sign up. *Class size may be limited.*

NAME: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PAYMENT: CASH: \_\_\_\_\_ CHECK #: \_\_\_\_\_ CHG (Select one): Visa MC DISC AMEX

CREDIT CARD #: \_\_\_\_\_

EXPIRES: \_\_\_\_\_ / \_\_\_\_\_ SECURITY CODE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

(\$40.00 FEE FOR ANY RETURNED CHECKS)

Signature: \_\_\_\_\_



Date: \_\_\_\_\_

Please mail payment and form to: Song Mountain, PO Box 1001, Tully, NY 13159

Labrador Mountain Ski School is a member of Professional Ski Instructors of America - PSIA

An established program proven through the years to be fun and helpful

Class size is limited to ensure a quality experience  
Labrador Mountain takes great pride in its ski school

LABRADOR MOUNTAIN  
6935 NY-91  
Tully, NY 13158  
607-842-6204  
SkiCNY.com

LESSONS: Jan. 11th – Feb. 15th  
Meet @ 6:00 Main Lodge Lesson at 6:30pm