

# RECREATIONAL SKI RACE TRAINING PROGRAM

WITH RICK MCCURDY AND STEVE TRAVIS

STARTING JANUARY 8, 2025

6:00p - 8:00p

Labrador  
Mountain

**A 6 WEEK WEDNESDAY PROGRAM DESIGNED  
FOR THE SOLID PARALLEL SKIERS LOOKING  
TO IMPROVE THEIR SKILLS.**

Training Sessions for Race League Series, NASTAR Racers and Skiers that would like to learn to race and train on courses. Instruction Begins with Sound Ski and Race Technique. Practice will be on Labrador's NASTAR Trail and appropriate terrain. Practice Courses set with "Helper and Brush" Gates to identify the "Rise Line" and "Best Path Through Course" • Courses will be NASTAR Format • Training runs will be timed as the season progresses when appropriate • A 6 Week Program for Solid Parallel Skiers Looking to Improve Their Skills

Wednesday pass with the program : \$369 | Shift pass with program: \$549 | Program for Season Pass Holder: \$219

Details: Call Rick McCurdy: 315.263.2927 | Call (607) 842-6204 to sign up.

*Class size may be limited.*

NAME: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PAYMENT: ☐ CASH: \_\_\_\_\_ ☐ CHECK #: \_\_\_\_\_ CHG (Select one): ☐ Visa ☐ MC ☐ DISC ☐ AMEX

CREDIT CARD #: \_\_\_\_\_

EXPIRES: \_\_\_\_\_ / \_\_\_\_\_ SECURITY CODE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

(\$45.00 FEE FOR ANY RETURNED CHECKS)

Signature: \_\_\_\_\_



Date: \_\_\_\_\_

Please mail payment and form to: Song Mountain, PO Box 1001, Tully, NY 13159

Labrador Mountain Ski School is a member of Professional Ski Instructors of America - PSIA.

An established program proven through the years to be fun and helpful.

Class size is limited to ensure a quality experience. Labrador Mountain takes great pride in its ski school.

LABRADOR MOUNTAIN 6935 NY-91  
Truxton, NY 13158  
607-842-6204  
SkiCNY.com

**LESSONS:**  
Jan. 10th – Feb. 14th  
Meet @ 5:30 in the  
Main Lodge,  
Lesson at 6:00pm